

**Are you an older adult 55+  
Feeling isolated or lonely?  
Need someone to talk to?**



**The Saskatoon Council on Aging  
can match you with a friendly volunteer  
to talk with over the phone.**

**Call 306.652.2255 and ask about the Telephone visit program**



**United Way**  
Saskatoon & Area



**New  
Horizons  
for Seniors  
Program**